

# SEMINÁRIO REGIONAL



## FORMAÇÃO E VALORIZAÇÃO DE QUEM ALIMENTA O BRASIL

PARA NUTRICIONISTAS E MERENDEIRAS  
DA ALIMENTAÇÃO ESCOLAR

# SEGURANÇA DOS ALIMENTOS

Por: Gleyson Moura dos Santos



ALIMENTAÇÃO  
ESCOLAR  
NOTA 10



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FNDE

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EDUCAÇÃO

GOVERNO FEDERAL  
**BRASIL**  
UNIÃO E RECONSTRUÇÃO



**Qual a importância do tema  
Segurança dos Alimentos no  
ambiente escolar?**

# Contextualização

- A cantina escolar pode servir como um **importante espaço** para a **promoção da nutrição e da saúde**.
- Papel fundamental na **segurança alimentar e nutricional** e no Direito Humano à Alimentação Adequada (DHAA).

**Deve ser dada prioridade a esses locais!!!!**



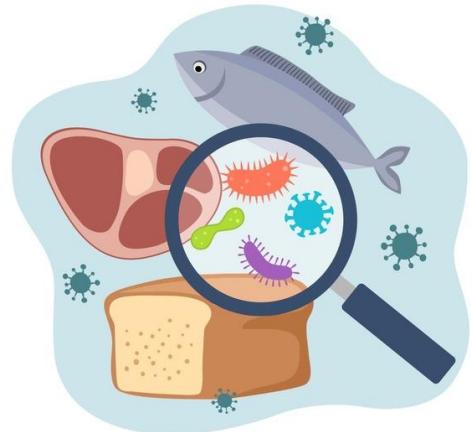
Doenças de Transmissão Hídrica e Alimentar (DTHA).



(WOGNSKI et al., 2021)

# Contextualização

- Mais de 40 milhões de estudantes atendidos pelo PNAE.
- Mais de 200 doenças podem ser transmitidas por alimentos.
- As **crianças menores de 5 anos**, carregam 40% da carga de DTHA, com 125.000 mortes a cada ano.
- Entre os locais com maior ocorrência de DTHA está o **ambiente escolar**.



# Dados da Literatura

JMB  
Journal of Microbiology and Biotechnology

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<https://doi.org/10.4014/jmb.2503.03025>

**Molecular Epidemiology of Norovirus Outbreaks in Childcare Centers and Schools in South Korea in 2023**

Won-Jeong Park<sup>1</sup>, Byeong Joon Kim<sup>1</sup>, Doo Won Seo<sup>1</sup>, Yong Chjun Park<sup>1</sup>, Insun Joo<sup>1</sup>, and Soo Hwan Suh<sup>2,3\*</sup>

<sup>1</sup>Food Microbiology Division, National Institute of Food and Drug Safety Evaluation, Ministry of Food and Drug Safety, Cheongju 28159, Republic of Korea  
<sup>2</sup>Department of Pharmaceuticals and Biotechnology, Konyang University, Daejeon 36365, Republic of Korea

Norovirus is a leading cause of acute gastroenteritis and foodborne illness worldwide. In this study, we investigated the epidemiologic and molecular characteristics of norovirus outbreaks in childcare centers and schools in South Korea throughout 2023. A total of 141 stool samples collected from these outbreaks were confirmed positive for norovirus using real-time and conventional RT-PCR, and subsequently analyzed for genotype. The reported outbreaks were most frequently observed in the provinces of Gyeonggi (37.2%) and South Gyeongsang (20.6%), followed by Seoul (12.1%). Outbreaks were more frequent in childcare centers than in schools (30.1% vs. 29.9%), primary schools (36.2%), and kindergartens (11.5%). Seasonally, 51.8% of cases occurred during the winter months (December–March), with a peak observed in April. Genotypic analysis revealed that 95.6% of cases were caused by GII norovirus, with the GII.4[P16] genotype being the most prevalent (34.5%). Notably, foodborne transmission was implicated in 13.5% of cases, predominantly involving the GII.2[P16] and GII.6 genotypes. Unlike previous studies that report norovirus genotypes from clinical cases of acute gastroenteritis, our analysis included cases from foodborne outbreaks, thereby offering deeper insights into the role of contaminated food in facilitating norovirus transmission. Furthermore, childcare centers were the primary setting for detection of the GII.4[P16] and GII.4[P31] genotypes, while primary schools exhibited the greatest genotypic diversity, with 12 distinct genotypes identified. These findings indicate a potential shift in norovirus seasonal patterns, with outbreaks extending into late spring. Overall, our results underscore the need for enhanced hygiene practices, robust surveillance systems, and targeted prevention strategies to mitigate norovirus transmission.

**Keywords:** Norovirus, outbreak, childcare centers, genotype, VP1, RdRp

**Introduction**  
Norovirus is a leading cause of viral gastroenteritis worldwide, accounting for over half of all acute gastroenteritis cases each year [1]. Low-income countries bear the brunt of this burden, with acute gastroenteritis linked to more than 25% of deaths in children under 5 in regions such as Africa and Southeast Asia [2]. Norovirus outbreaks frequently occur in confined environments—including hospitals, nursing homes, schools, and childcare centers—with person-to-person transmission being the primary mode of spread [3]. The virus has an incubation period of 24–48 h and is highly contagious, with fewer than 20 viral particles sufficient to cause infection. The main clinical symptoms include nausea, vomiting, abdominal cramps, muscle aches, and diarrhea [1, 4]. Norovirus infections typically peak during the colder months (November to April), although recent studies have shown an increase in hospitalizations for acute gastroenteritis due to norovirus infections among children under 5 during the spring and summer seasons [5, 6].

Noroviruses belong to the family *Caliciviridae* and the genus *Norovirus*. Phylogenetic clustering of the capsid gene divides norovirus into six genogroups (GI–GVII) and more than 30 genotypes [7]. In addition to capsid genotyping, analysis of the RNA-dependent RNA polymerase (RdRp) sequence further categorizes norovirus into over 60 P-types [8]. The norovirus genome is approximately 7.5 kb in length, comprising a single-stranded, positive-sense RNA genome with three open reading frames (ORFs): ORF1 encodes nonstructural polyproteins, while ORF2 and ORF3 encode the major capsid protein (VP1) and the minor capsid protein (VP2), respectively [9]. Globally, the GII genotype is the most prevalent in human infections, with approximately 62% of norovirus foodborne outbreaks attributed to the GII.4 genotype [10]. The GII.4 genotype is dominant worldwide, and the emergence of new GII variants, such as GII.4 New Orleans 2009 and Sydney 2012, is closely associated with

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\*Corresponding author:  
E-mail: soohwansuh@konyang.ac.kr

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## Epidemiologia molecular de surtos de norovírus em creches e escolas na Coreia do Sul em 2023.

- O norovírus é um dos principais causadores de surtos em creches e escolas na Coreia (ambientes reúnem muitas pessoas em espaços fechados).
- Os alimentos contaminados podem ser um meio importante de transmissão.** Por isso, é fundamental manter a higiene rigorosa, investir em sistemas de monitoramento.

# Dados da Literatura

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Check for updates

Foodborne outbreak of enterotoxigenic *Staphylococcus aureus* at a school in Hebei, China

Xiaoyu Zheng <sup>a,b,1</sup>, Shengnan Liang <sup>a,1</sup>, Liang Wen <sup>a,1</sup>, Hui Wang <sup>a</sup>, Yuchao Bai <sup>a</sup>, Yang Wang <sup>a</sup>, Luyao Cao <sup>a</sup>, Dingchen Li <sup>a</sup>, Jinpeng Guo <sup>a</sup>, Yong Chen <sup>a</sup>, Changjun Wang <sup>a,b</sup>, Xiong Liu <sup>a,\*</sup>, Chuanfu Zhang <sup>a,c</sup>

<sup>a</sup> Chinese PLA Center for Disease Control and Prevention, Beijing 100071, China  
<sup>b</sup> Zhengzhou University College of Public Health, Zhengzhou 450002, China

**ARTICLE INFO**

**Keywords:** *Staphylococcus aureus*; Enterotoxin; Food poisoning; Antibiotic resistance; MLRT; Spa type

**ABSTRACT**

In 2024, a *S. aureus* foodborne illness outbreak in Hebei Province, China, affected 61 out of 563 individuals (10.84 % prevalence), causing symptoms like diarrhea, vomiting, abdominal pain, and nausea. A case-control study implicated rōujīmǎo, a breakfast item, as the suspected vehicle (OR = 34.81, 95 % CI: 2.07–585.30,  $P < 0.001$ ). Laboratory analyses identified *S. aureus* in samples collected from patients, kitchen workers, food, and the environment. Three strains, belonging to ST5 and spa type t701, were isolated and characterized. They showed resistance to penicillin, harbored many virulence genes including *sea*, and clustered closely in phylogenetic analysis. Notably, the *sea* gene was located on an intact prophage element that may enhance its pathogenic potential and pose new clinical challenges. The outbreak was due to *S. aureus* contamination in rōujīmǎo caused by unsafe kitchen practices. Improved food safety supervision and worker education are needed to prevent future outbreaks.

**1. Introduction**

Foodborne diseases remain a major public health problem worldwide, including in China, primarily caused by food contamination with harmful bacteria, viruses, parasites, toxins or chemicals (Lee & Yoon, 2021; Pires et al., 2021; Todd, 2020). Of these, *Staphylococcus aureus* enterotoxin (SEs) intoxication is a common important cause of food poisoning.

According to statistics from the Centers for Disease Control and Prevention, a total of 12,139 illnesses caused by *Staphylococcus aureus* (*S. aureus*) occurred in the United States from 1998 to 2020 (Li et al., 2024). Moreover, *S. aureus* was among the top 10 pathogens responsible for the most hospitalizations during foodborne and waterborne outbreaks in 36 European countries in 2018 (European Food Safety Authority and European Centre for Disease Prevention and Control (EFSA and ECDC), 2019); and in China it is the third highest number of food poisoning incidents (Liu et al., 2022), from 2003 to 2017, 10,174 *S. aureus* contamination-induced foodborne disease outbreaks were

reported in China, accounting for 10.2 % of bacteria-induced disease (Li et al., 2020).

*S. aureus* is widespread in nature, has low nutritional requirements and is highly resistant to adverse environments (Le et al., 2021; Wu et al., 2018). The pathogen is found in 20–60 % of the human population and one to two-thirds of these carriers harbor enterotoxigenic strains (Fernandes et al., 2022; Pincule et al., 2010). People colonized with *S. aureus* asymptotically, who handle food can introduce bacteria into the food chain, with subsequent SEs production resulting in *S. aureus* food poisoning (SFP) (Kaderia et al., 2014). Thus, SFP is often associated with highly manually handled food (Fernandes et al., 2022). Trace SEs levels may cause food poisoning, with abrupt onset of nausea, vomiting, abdominal pain, dizziness, diarrhea, chills, weakness, and fever (Hennekinne et al., 2012; Tarekne et al., 2016). Occasionally it can be severe enough to warrant hospitalization, particularly among the group of YOPs (young, old, pregnant, immunosuppressed persons) (Murray, 2005). SEs include five typical serological types: SEA, SEB, SEC, SED, and SEE. SEA is the predominant type causing global SFP.

\* Correspondence to: Chinese PLA Center for Disease Control and Prevention, Beijing 100071, China.  
\*\* Correspondence to: Chinese PLA Center for Disease Control and Prevention, Beijing 100071, China.  
E-mail addresses: [luxiong714@163.com](mailto:luxiong714@163.com) (X. Liu), [huxz@126.com](mailto:huxz@126.com) (C. Zhang).  
1 These authors contribute equally to this work.

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## Surto alimentar por *Staphylococcus aureus* em uma escola na China

- **61 estudantes foram afetados (10,8% dos expostos), com sintomas típicos: diarreia, vômitos, dor abdominal e náuseas.**
- **O alimento implicado foi um “pão recheado com carne”.**
- **O estudo detalha como falhas simples no dia a dia da cozinha escolar podem levar a surtos de grande escala, e destaca a necessidade de integrar cultura de segurança alimentar, boas práticas e vigilância epidemiológica.**

# Dados da Literatura

## Perfil Epidemiológico

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Série histórica de surtos de DTHA, Brasil, 2014 a 2023\*

Ano	Nº de surtos	Nº de expostos	Nº de doentes	Nº de hospitalizado	Nº de óbitos	Letalidade
2014	886	124359	15700	2524	9	0,06
2015	673	37165	10676	1453	17	0,16
2016	538	200896	9935	1406	7	0,07
2017	598	47409	9426	1439	12	0,13
2018	597	57297	8406	916	9	0,11
2019	771	17388	9586	1301	10	0,10
2020	292	10548	4600	595	6	0,13
2021	546	17076	8278	639	10	0,12
2022	811	33977	14336	630	10	0,07
2023	1162	27854	19671	1443	31	0,16
Total	<b>6874</b>	<b>573969</b>	<b>110614</b>	<b>12346</b>	<b>121</b>	<b>0,11</b>

Fonte: Sinan/SVSA/Ministério da Saúde

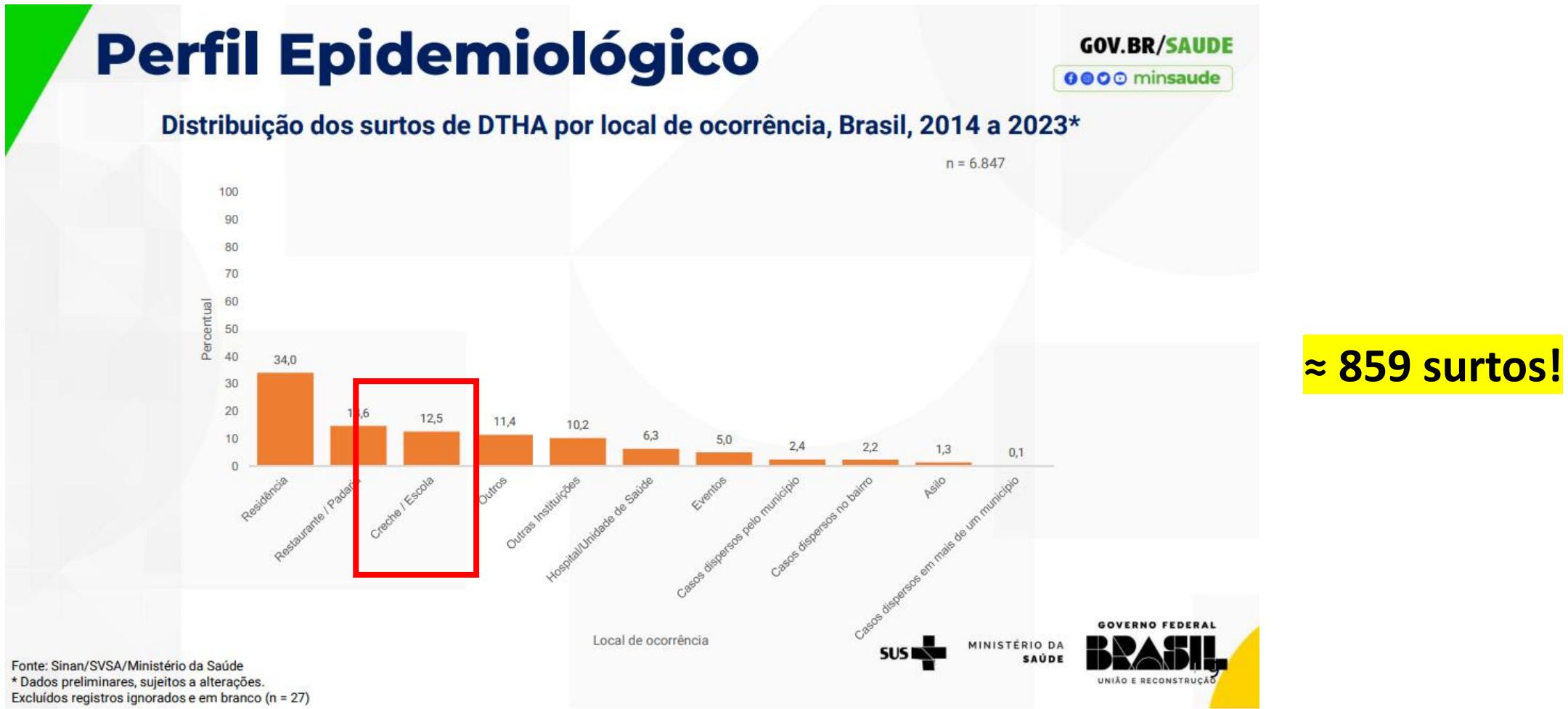
\* Dados preliminares, sujeitos a alterações.



MINISTÉRIO DA  
SAÚDE



# Dados da Literatura



# Dados da Literatura

Vitória et al. BMC Public Health (2021) 21:349  
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BMC Public Health

RESEARCH ARTICLE Open Access

Food safety knowledge, attitudes and practices of food handlers: A cross-sectional study in school kitchens in Espírito Santo, Brazil

Alyne Gomes da Vitória<sup>1</sup>, Jhenifer de Souza Couto Oliveira<sup>1</sup>, Louise Caroline de Almeida Pereira<sup>2</sup>, Carolina Perim de Faria<sup>3</sup> and Jackline Freitas Brilhante de São José<sup>2\*</sup>

**Abstract**

**Background:** The adoption and evaluation of good practices in food handling in food service are essential to minimizing foodborne diseases. The present study aimed to evaluate food safety knowledge, attitudes, and practices of food handlers in schools in Vitoria, Brazil.

**Methods:** A cross-sectional study was carried out in the school food services of the municipal network of Vitoria-ES. The sample of food handlers was obtained by convenience and comprised food handlers involved with preparation and other kitchen-related activities. The instrument consisted of a structured questionnaire with 36 six questions that included sociodemographic characteristics, knowledge, attitudes, and practices (KAP) related to good practices and food safety. The questionnaire was answered by 172 food handlers. Pearson correlation test, T-test, Tukey's test and multiple linear regression analysis were conducted. Data entry and analysis were done using SPSS v.20 software.

**Results:** Most of the participants were female (96.5%, n = 166), were 40 to 49 years old (44.8%, n = 78), attended high school (57.9%, n = 99), had up to 5 years of experience in the role (39.5%, n = 68). Some of them had participated at least 4 times in training (74.4%, n = 128) of which the most recent session had occurred within 3 months (52.0%, n = 44). The lowest score was obtained for knowledge ( $7.1 \pm 1.2$ ). All the models presented significant results for the F-test. This result show good model fit and results ranging from 1.5 to 2.5 on the Durbin Watson test of residual autocorrelation. The linear regression analysis allowed us to identify that the knowledge score increased with experience, but it was significant only for those who had spent up to 10 years in the role. The knowledge score was associated with experience and training time. Attitudes were significantly related to the schooling and training time. The increase in the classification of practices is shown only through a classification of attitudes.

(Continued on next page)

\*Correspondence: jackline@esp.ufes.br  
Nutrition and Health Postgraduate Program, Federal University of Espírito Santo, CEP 29043-910, Marechal Campos, 1468, Vitoria 29040-000, Brazil  
Full list of author information is available at the end of the article

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## Conhecimento, atitudes e práticas sobre segurança dos alimentos de manipuladores: um estudo transversal em cozinhas escolares no Espírito Santo, Brasil.

- Os manipuladores de alimentos sabem o básico sobre segurança alimentar, mas em alguns pontos esse conhecimento é menor do que as atitudes e práticas que já realizam.
- A capacitação contínua nas escolas ajuda a transformar o que aprendem em comportamentos corretos no dia a dia da cozinha.

# Dados da Literatura

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Open for submission

Understanding and evaluating risk perception, knowledge, and food safety self-reported practices of public-school students in Brazil

Sueny Andrade Batista <sup>a,\*</sup>, Elke Stedefeldt <sup>b</sup>, Emanuele Batistela dos Santos <sup>c</sup>, Eduardo Yoshi Nakano <sup>d</sup>, Verônica Cortez Ginani <sup>a</sup>, Raquel Braz Assunção Botelho <sup>a</sup>

<sup>a</sup> Department of Nutrition, School of Health Sciences, University of Brasília (UnB), Campus Darcy Ribeiro, Brasília 70910-900, Distrito Federal, Brazil  
<sup>b</sup> Department of Preventive Medicine, Federal University of São Paulo (UNIFESP), São Paulo 04222-012, São Paulo, Brazil  
<sup>c</sup> Department of Food and Nutrition, Federal University of Mato Grosso (UFMT), Cuiabá 78060-900, Mato Grosso, Brazil  
<sup>d</sup> Department of Statistics, Institute of Exact Sciences, University of Brasília (UnB), Campus Darcy Ribeiro, Brasília 70910-900, Distrito Federal, Brazil

ARTICLE INFO

Keywords: Adolescent Children Risk perception Food safety School Food Service

Abstract

Foodborne diseases are a global burden. Actions to fight this group of diseases are necessary, especially for the younger demographic, which consists of consumers, food handlers, and the future workforce of the food chain. To this end, outlining the food safety profile of the target audience is imperative. Thus, this study aimed to understand and evaluate the risk perception, knowledge, and food safety self-reported practices of individual-level variables of public school students aged 14 years old from the public schools of the Federal District - Brazil. Instruments (Baptista et al. (2020) and Brazil (2013)) were used to achieve the objectives. The study included 1,420 students aged 9 to 17 (women = 50.6%; n = 719) with a mean age of 11.9 years ( $\pm 1.7$ ) enrolled in 25 schools. It was observed that a more significant proportion of students attributed very low and low risk of Foodborne Diseases to the foods produced and served in School Food Services. The presence of food safety knowledge was also observed. In addition, the gap between knowledge and behavior was identified. Food knowledge and safe food handling/consumption practices were also identified. Correlations were identified between social vulnerability and risk perception (positive) and self-reported practices (negative). The results show the urgency of considering these individuals to ensure food safety, considering their vulnerability, reality, and the tools at their disposal.

1. Introduction

Foodborne Diseases (FBD) originate from more than 250 hazards, including microbiological threats like bacteria, viruses, parasites, and chemical contaminants that occur naturally or result from environmental pollution, food processing, packaging, transport, or storage. They are a major public health issue. Each year, one in every ten people worldwide becomes ill after consuming contaminated food (WHO, 2013). Low- and middle-income countries lose US\$10 in productivity and medical expenses annually from unsafe food. Furthermore, the FBD leads to a considerable burden of disability and mortality, in addition to impeding socioeconomic development, overburdening health systems, and harming national economies, tourism, and trade (FAO & WHO, 2022; WHO, 2022).

An approach that considers young consumers to FBD has excellent potential for investment in health and well-being (Batista et al., 2023).

\* Corresponding author.  
E-mail address: [sabatista@untricionta@gmail.com](mailto:sabatista@untricionta@gmail.com) (S. Andrade Batista).

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## Compreensão e avaliação da percepção de risco, do conhecimento e das práticas autodeclaradas de segurança dos alimentos entre estudantes de escolas públicas no Brasil.

- Os estudantes consideraram que a **chance de contrair uma DTA a partir do consumo de alimentos preparados na escola era muito baixa ou baixa (67,1%; n= 952)**.
- Avaliaram a gravidade desse risco como **inexistente ou pouco significativa (69%; n = 979)**.

# Principais Riscos na Escola?

- Infraestrutura inadequada das cozinhas escolares.
- Equipamentos insuficientes ou domésticos.
- Complexidade do cardápio.
- Alterações frequentes de cardápio por falta de insumos.
- Número reduzido de manipuladores de alimentos.
- Comportamentos inseguros dos manipuladores.



(ARAÚJO et al., 2025)

# Muito Além do que Aparece: o Iceberg da DTHA



# Cultura de Segurança dos Alimentos (CSA)

Um construto de longo prazo existente no nível organizacional relacionado às crenças, comportamentos e premissas profundamente enraizadas que são aprendidas e compartilhadas por todos os colaboradores, que impactam o desempenho da segurança dos alimentos da organização.

**É bastante útil para guiar as decisões do cotidiano, as ações e os comportamentos, permitindo assim uma produção mais segura**

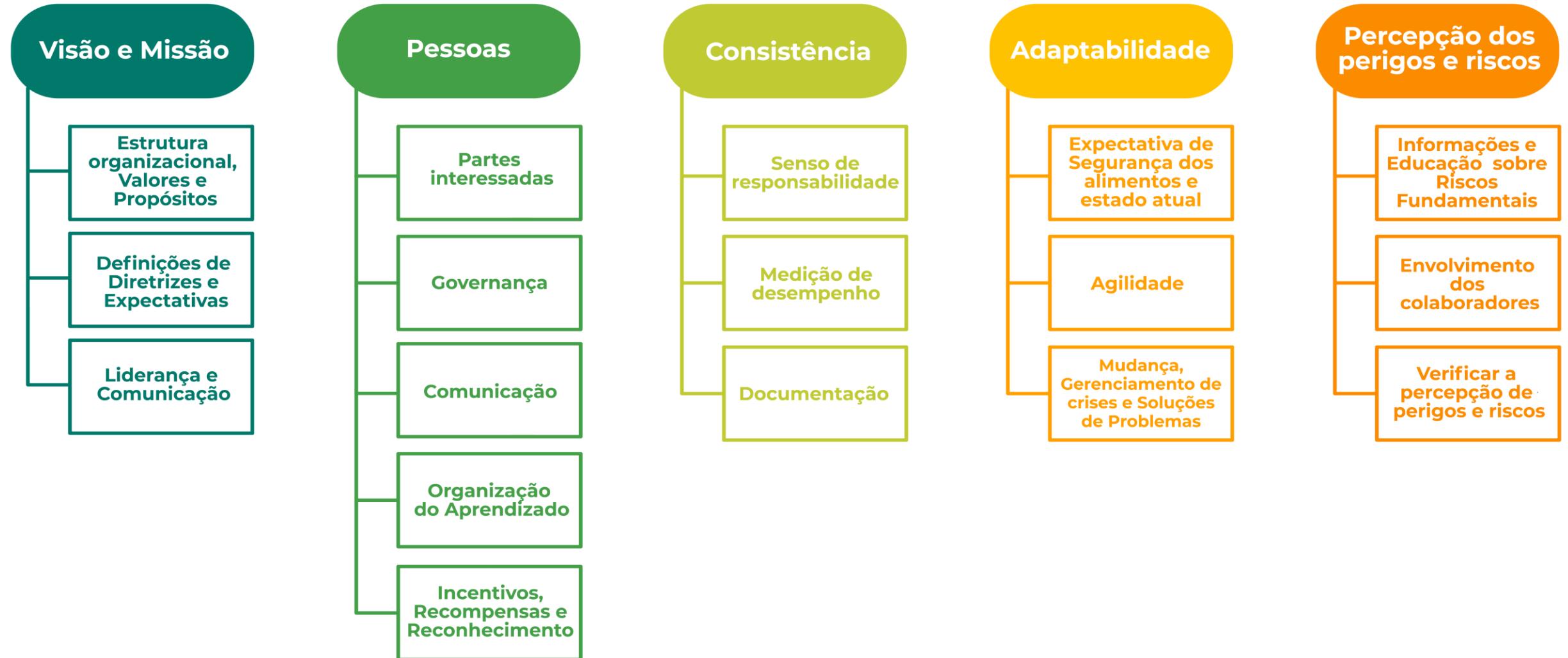


SEWARD; BOBMEIER; BARON (2012); SHARMAN; WALLACE; JESPERSEN (2020)

# **As cinco Dimensões da Cultura de Segurança de Alimentos Segundo o Posicionamento da Iniciativa Global da Segurança dos Alimentos (GFSI)**



# As cinco Dimensões da Cultura de Segurança de Alimentos Segundo o Posicionamento da Iniciativa Global da Segurança dos Alimentos (GFSI)



# Cultura de Segurança dos Alimentos (CSA)

CULTURA REATIVA	CULTURA PROATIVA
<p>Inspeção Punição</p> <p>Resolução de problemas baseada em surtos</p> <p>Contaminação Desperdícios Adoecimento Acidentes de trabalho</p>	<p>Prevenção Valorização Comunicação</p> <p>Dados alimentando melhorias</p>

GRIFFITH; LIVESEY; CLAYTON (2010); YIANNAS (2016).

# Papel da Nutricionista

- Planejar cardápios considerando estrutura e equipe.
- Realizar análise de risco e capacitações práticas.
- Participar de projetos de obras e compras (licitações).
- Defender dimensionamento adequado de profissionais.



(OLIVEIRA; GERMANO, 2016)

# Papel das Merendeiras

- Executar boas práticas no preparo e distribuição.
- Registrar ocorrências de risco sanitário.
- Organizar o ambiente e separar cru/cozido.
- Ser agente de saúde e educação na escola.



(OLIVEIRA; GERMANO, 2016)

# BOAS PRÁTICAS ESSENCIAIS



Higienização correta das mãos



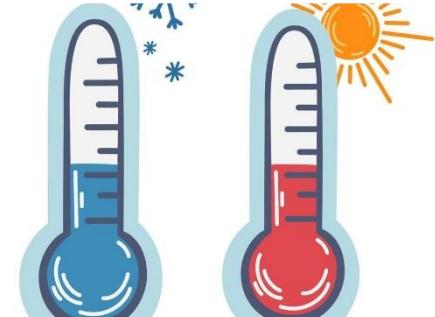
Uso de uniforme completo



Higienização de frutas e verduras



Descongelamento seguro



Controle de temperaturas



Uso de checklist

BRASIL (2004).

**“Segurança dos alimentos  
não é apenas técnica, é  
cuidado com a vida. Cada  
refeição servida com  
atenção e responsabilidade é  
um ato de proteção e amor  
às nossas crianças!”**





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# Obrigado!!!

[moura.gleyson@mail.uft.edu.br](mailto:moura.gleyson@mail.uft.edu.br)



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