



Utilization and Payment in Cancer Care – US Experience

Maureen Lewis, PhD CEO 17 February 2017

## Is oncology different?

- In the US costs are rising much faster than other diseases
- Clear problem with overuse of some aspects of services
- Little attention to costs, cost effectiveness or outcomes of alternative therapies
- Clinical care changes as new drugs therapies come on the market



# Why oncology services under used?

- High cost of care, due to
  - Excessive use of hospitalizations and tests with uncertain value
  - High costs of inputs (imported/brand products/unnecessary tests and treatment)
  - Inadequate following of patients under treatment
- Lack of public or private insurance coverage
- Ignorance of evidence or unwillingness to adapt

# Why are oncology services over used?

- Payers and payment system offer no restrictions and minimal oversight of provider diagnosis and treatment patterns
- No co-payment by patients
- No incentives for efficiency or quality:
  - Under use of treatment guidelines
  - Fragmented care with multiple providers physician, hospital, pharmacy
  - Greater reliance on hospitalizations and ER
  - No harnessing of innovation that could lower use and raise quality of care

# Many of the characteristics of under- and over-use overlap

- Characteristics of quality health care improve performance, outcomes, and costs
- The world of medicine is changing, and it affects oncology and medicine in general
  - More technology
  - Integrated approaches increasingly needed
  - Clinical protocols become more important in fast changing world of medicine

### Key Issues for Oncology Care



#### US/EU efforts to improve access and control costs of oncology care

- Driven by realization of under and over use of oncology care
- Rising costs for oncology diagnosis and treatment
- Costs are "out of control"



# Key issues: Organization of services

- Recent evidence points to the importance of:
  - careful use of tests and treatment option
  - integrated care
  - treatment teams
  - Clinical guidelines \ protocols (big issue in FFS)
  - following patients during treatment
  - use of generics where advised



### Key issues: Delivery and Payment

- Delivery systems need to embrace change and adapt to improve quality and lower costs
- Payment systems key to incentives for achieving these goals



# Private-Public consensus on need for change

- American Society of Clinical Oncology
- Medicare/Medicaid –federal public insurance organizations (payers)
- Private health care plans (payers)
- Patient advocacy organizations
- ⇒ Rising experimentation on how and what to change

#### Example of Physician Practice Oncology Reorganization of Care

**Expanded Office Hours** 

24 Hour Nurse Response to Patient Problems

Proactive Coordination with Primary Care Provider

> Use of Integrative Medicine Modality

**Better Patient Education** 



Reduced ER & Hospital Admission by >50%



acesoglobal

## Results of adoption of oncology treatment guidelines use

- Evidence-Based Treatment Guidelines
- Quality Measurement Systems



Lung cancer demonstration project: reduced chemotherapy costs by 37%

- Shared Decision-Making
- Redesign of Care Processes



Across 4,700 cancer patients at 46 sites: drug costs declined by 13%

acesoglobal

## CMS Leading on Oncology Care Model Design



### Affordable Care Act Leading Change....



### **CMS Innovation Unit**

- Focused on containing costs and raising quality
- Oncology Care Model (OCM) major multipronged approach to understanding how to promote change and ensure affordability of cancer treatment
- Major national demonstration projects
  launched in 2015
  - => controlled experiments and evaluation





Practices

Payers

#### Explaining Oncology Care Management

#### **Primary Drivers**

#### Summary Objectives



#### Oncology Models Priority Data Sources

- Tracking of claims data
- Patients surveys
- Site visits
- Analysis of quality measurement data
- Time and motion studies
- Medical record audit
- Tracking of patient complains and appeals



#### Oncology Model Quality Measures

- Clinical quality of care
- Communication and care coordination
- Person and caregiver centered experiences and outcomes
- Population health
- Efficiency and cost reduction
- Patient safety



### What are the incentives to encourage adoption of new treatment models for oncology?



### Payment Arrangements: Drivers of Change



#### **CMS Payment Arrangements for Oncology**

| Fee For Service<br>(FFS)                   | Reimbursement for all costs incurred. Encourages high volume of care and bias toward costly services and drugs   |
|--|--|
| Diagnosis Related<br>Groups (DRG)          | <b>Prospective payment</b> promotes efficiency in hospital care as hospitals are at risk for high costs. Encourages higher cost services and higher volume of care   |
| Bundled<br>Payments                        | Finance episodes of care with emphasis on continuity of care and avoidance of (re)hospitalizations and Emergency Department use. Effects mixed   |
| Accountable Care<br>Organizations<br>(ACO) | Shared savings. Integrated care network with hospital(s), continuous and coordinated care services at clinics; emphasis on prevention; nurse-based care with patient follow up. Can improve quality and reduce costs |

#### **CMS Experiments Evaluate Bundled Payments for Oncology**



#### Oncology Care Model Experiments • Objectives is raising quality and lowering

- Objectives is raising quality and lowering costs through use of accepted and evidencebased processes and clinical guidelines
- 17 private payers participate with Medicare in creating incentives for care transformation with physician practices
- Payers design their own incentives for their beneficiaries
- Non-participating payers benefit from savings, better outcomes for their beneficiaries

#### Characteristics of Bundled Payment Experiment

- Episode based only post diagnosis but through treatment (diagnosis phase is FFS)
- Bundled payment sets "target price" for the participating physician groups
- "Target price " 6% below current benchmark price measuring ability to be more efficient
- "Practice transformative" change the way oncology care is provided

#### Two-part payment system to incentivize quality of care

- Per beneficiary payment of \$160 to physician practices to manage and coordinate care for an episode of care
- For beneficiaries who undergo chemotherapy treatment: performancebased payment over 6 months of care =>incentive to lower the total cost of care and improve care during treatment episode or payment reduced

#### **CMS Oncology Bundle Payment Models**

|                      | Model 1   | Model 2   | Model 3   | Model 4   |
|----------------------|---|---|---|---|
| Episode              | All DRGs +<br>acute patients                                  | Selected<br>DRGs;<br>inpatient +<br>post-acute<br>period    | Selected<br>DRGs; post-<br>acute period<br>only             | Selected<br>DRGs;<br>inpatient +<br>readmissions            |
| Services<br>Included | All hospital<br>services paid as<br>part of MS-DRG<br>payment | All non-<br>hospice<br>hospital +<br>outpatient<br>services | All non-<br>hospice<br>hospital +<br>outpatient<br>services | All non-<br>hospice<br>hospital +<br>outpatient<br>services |
| Payment              | Retrospective   | Retrospective   | Retrospective   | Prospective   |



#### **CMS Oncology Bundle Payment Models**

|         | Episode<br>Definition                              | Services Included  | Payment       |
|---------|--|--|---------------|
| Model 1 | All DRGs & acute patients                          | All hospital services paid<br>as part of MS-DRG<br>payment | Retrospective |
| Model 2 | Selected DRGs;<br>inpatient + post-acute<br>period | All non-hospice hospital & outpatient services             | Retrospective |
| Model 3 | Selected DRGs; post-<br>acute period only          | All non-hospice hospital & outpatient services             | Retrospective |
| Model 4 | Selected DRGs;<br>inpatient +<br>readmissions      | All non-hospice hospital & outpatient services             | Prospective   |

acesoglobal

#### Results from CMS Oncology Bundle Payment: Model 2

Model 1 inconclusive, Models 3 and 4 samples too small for measuring outcomes

## Most savings come from changes in **post-acute care**

- Improved communication between inpatient and discharge facilities
- Less time spent in costly institutional care
- Decreased readmissions
- Reduced care costs by a small amounts in many areas

#### Net impact: <u>savings of \$513</u> for an episode of care...

- 15% reduction in discharges to institutions for post-acute care
- 2 3.5% decrease in unplanned readmissions

...Despite \$1266 increase in inpatient stay costs

### Results from Bundled Payments for Orthopedics Experiment

- Saved the orthopedic hospitals over \$1.6 million in 2015
- Additional revenue for physicians
- Decreasing the overall cost of care
- BPCI improved patient care due to improved algorithms, cost control and case management
- Average savings per case:
  - \$1969 for arthroplasties
  - \$ 975 for hip and femur fractures.

#### Key Messages and Considerations

- Private and public providers and payers have an interest in improving quality and controlling costs – the alternative isn't affordable
- Public and private need to work together
- Payers must play an oversight role if costs containment and better quality are to be achieved

- Objective is transformative clinical practice
- Patient centered care increasingly clear as objective to change practices
- Use of clinical guidelines/pathways/protocols is critical – and many physicians resistant
- Data are key to effective oversight
  - providers need to track performance
  - payers need data to achieve desired outcomes



#### **Obrigada!**

#### mlewis@acesoglobal.org



www.acesoglobal.org